

Patient Care Guide

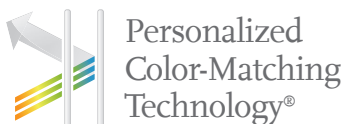


Personalized
Color-Matching
Technology[®]

Congratulations on your new InVu braces!

Your orthodontist has chosen InVu especially for you. They feature *Personalized Color-Matching Technology* to blend in naturally with your teeth.

They're extra strong and durable, too, so they straighten your teeth comfortably and efficiently. Follow the simple care guidelines in this booklet and you'll be able to wear your InVu braces with confidence.



*Actual InVu Brackets shown with no color enhancement.
Model photos feature actual InVu Cosmetic Brackets.*

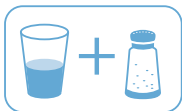


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comfortable cosme
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Brush, Floss and Rinse Regularly

You probably already know to do this, but with braces it's more important than ever. Food can easily become trapped around braces and wires, increasing your chances for tooth decay (and bad breath). Using a water flosser can also prevent small pieces of food from getting trapped in between teeth and braces. Also, be sure to use a fluoride rinse in the evenings before going to bed to keep your smile healthy all treatment long.



Prevent Irritation

InVu braces are specially designed with smooth edges and rounded contours for your comfort. If, however, you experience general soreness during the first few days of adjusting to your new braces, try rinsing with warm salt water to relieve agitation. Mix one teaspoon of salt in 8 ounces of warm water and rinse vigorously. Also, if sharp edges or loose wire-ends happen to rub, cut or irritate your skin, cover them with orthodontic wax or wet cotton and call your orthodontist to schedule a simple repair.



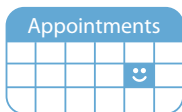
Rinse After Eating

If you are in a situation where you can't brush right away, rinsing with water is a good idea until you can get back to your tooth brush. Remember that InVu braces match your tooth color, so bits of food are easy to see.



Protect Your InVu Braces

Try to avoid chewy, crunchy, or sticky foods. Things like hard candy, nuts, taffy, or corn on the cob can damage your braces. The same is true of chewing on things like pencils or ice. It only takes one wrong bite to pop off a bracket or break a wire. Also, if you play contact sports, be sure to wear safety equipment such as helmets or mouth guards.



Keep Your Appointments

Regular orthodontic adjustments are the key to minimizing your treatment time and expense. The more appointments you keep, the sooner your teeth will be straightened. It's also especially important for people wearing braces to have their teeth cleaned regularly. Maintain regular appointments with your dentist or oral hygienist. And keep smiling—with InVu, only your confidence shows!



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